# Clonskeagh Parish Newsletter

Let us remember those who are sick and housebound in our Parish today!



Clonskeagh Parish Mass Times are as follows:

•10am Monday to Friday (11am on Bank Holidays) will be celebrated in St. Joseph's (Except Funerals & Holy Days)

•10.30am Sunday

Parish Office Mon, Wed & Fri - 9.30am – 11am Parish Office Email: clonskeaghparish@gmail.com

Sacristy/Parish Office Telephone: 01 2837948 Website: www.clonskeaghparish.ie

#### **Mass Intentions For This Week**

Sunday – Patricia & John Cullen and
Deceased Members of the Cullen
Family [A]
Claire Roony [A]
William & Mary Grogan [A]
Eileen Nolan [A]



Olivia-Rose Antoinette & Braxton- Jay Francis into the Catholic Faith and we congratulate their parents and family on this special occasion.

**Monday – Special Intention** 

**Tuesday – Special Intention** 

Wednesday – Special Intention

Thursday – Special Intention

Friday – Special Intention



"May all our faithfully departed rest in peace.

Amen."



# Want to know more about vitamin D?



Who is doing the study?

Researchers in the UCD Institue of Food and Health

How do I qualify to take part?



If you are 65 years or more and you are healthy

# What will I have to do?

- 2 visits to the UCD Institue of Food and Health (~60 - 90 minutes per visit)
- Give a small blood sample on 2 visits
- Answer questions about your diet and lifestyle
- Allow us to record your height and weight
- Eat study bread for 10 weeks as part of your daily diet



# What will I get?

You can learn how to improve dietary vitamin D in the wintertime and get breakfast on study visits

If you would like to participate or for further information on the study please contact:

vitaminD@ucd.ie or 01 716 2467

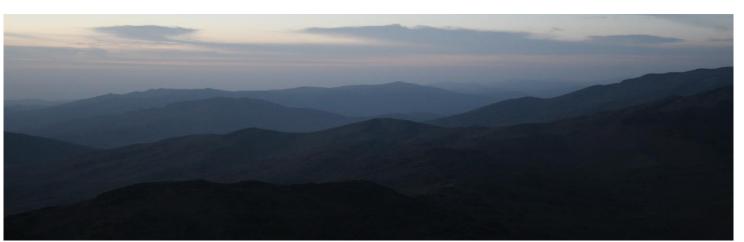
#### **Last Weekend Collections**

1st Collection (The support of Priests) €245

2<sup>nd</sup> Collection (Share) €375

House to House (Incl. S/O) €350

Thank you for your continued support.



### A Few Words from Fr Joe.....

On Wednesday of this week the statue of St Patrick in Saul, Co. Down was lit up in red. In fact churches and religious sites all over the world turned red that day to mark the reality of religious discrimination and to show solidarity with those who are not free to express and live their Christian faith in the world today. Pope Francis in his message to mark #redwednesday shared the information that 1 in 7 Christians in the world today are persecuted for their faith, and many suffer terribly. We can never take freedom for granted.

Marking this day reminded me of an experience I had in Egypt on a study tour some years ago. The highlight of the trip was rising in the middle of the night, taking head torches and sturdy sticks, to climb in the darkness to the summit of Mt Sinai, to experience sunrise on the Holy Mountain. We were a small group among thousands of pilgrims making the assent, a river of light in the dark of night, winding our way up the steep paths. At one point a youth group came from behind, young and fit, they climbed so much quicker than us, and we stood aside to let them through. They were so happy as they passed, singing and full of the exuberance of youth. Our guide explained that they were from a Christian parish in Cario, where they had to conceal their faith for fear of persecution. But out here on the mountain they were free to be alive in faith and their joy remained with us as they disappeared up the path ahead. Some months later I read that on December 11th 2016 a suicide bomber killed 29 of their congregation and injured 47 others. I don't know if any of those who passed in the night died, but this was their faith community, a target for a fanatic, and the loss of their relatives and friends must have devastated their lives. So when I hear of the plight of persecuted Christians I also remember those young pilgrims and pray for their community.

Fr Joe Mullan, Moderator Clonskeagh, Kilmacud & Mount Merrion Parishes

#### **ONLINE ADVENT RETREAT**

The Priory Institute is delighted to offer a free-of-charge online retreat, "Keeping Vigil for the Vulnerable God". Four recorded presentations will become available over the four Sundays of Advent, so on the first Sunday there will be access to one recording and on the second Sunday access to two recordings and so on. Participants can download the Gospels, watch the films whenever suits them, and revisit films they have already viewed, so people can register at any time during Advent.

Visit www.prioryinstitute.com to register/find out more.

## **November – Month of the Holy Souls**



**November Altar List of the Dead** is one of the many ways in which we remember our deceased relatives and friends, and join our intentions in the Masses the priests offer for the repose of their souls. Please take a **November Altar List of the Dead** (Available at the back of the Church).

Place your completed List in one of the envelopes provided and return it to the basket or, you can pop them into the post box outside St. Joseph's or, if it is open, leave them in the Sacristy.

"It is a holy and a wholesome thought to pray for the dead."