

Clonskeagh Parish Newsletter

Let us remember those who are housebound and listening to our Parish Mass on the Parish Radio today!

Diary for this Week

Sat 1 Aug – Frank & Kitty Phelan (A)

Sun 2 Aug – John O'Brien (A)
Garda Colm Horkan (RD)

Mon 3 Aug – Michael Brennan (A)

Tues 4 Aug – Muriel Flynn (RD)

Wed 5 Aug – Special Intention

Thurs 6 Aug – Richard Fitzpatrick (RD)

Fri 7 Aug – 1st Friday – Altar List of the Dead

We prayerfully remember
Michael Brennan,
Fr. Arthur Larkin &
Fr. Paddy Moloney
whose Anniversaries occur at this time.
"May they rest in peace. Amen."



**"Be strong and take heart, all you
who hope in the Lord"**

Psalm 1:24



Mass Times
Weekday 10am
Monday – Friday (inclusive)
(Bank Holidays 11am)
Saturday 6.30pm
Sunday 10.30am



We hope you are enjoying what the the Irish Summer has too offer so far. Some of you may have had the opportunity to escape on a staycation and some of you may prefer to stay put. Either way its important to make the most of your situation and culture a healthy environment for yourself. Here are some tips form the HSE for staying sane in these times;

- Exercise regularly, especially walking
- Keep regular sleep routines
- Maintain a healthy, balanced diet
- Avoid excess alcohol
- Practice relaxation techniques such as breathing exercises
- Read a book
- Search for online exercise or yoga classes, concerts, religious services or guided tours
- Go to any classes where it's possible to keep a distance of 2 metres between you and other people
- Improve your mood by doing something creative
- Stay connected to others

Remember that talking things through with someone can help lessen worry or anxiety. You don't have to appear to be strong or to try to cope with things by yourself.

If at home or away you can access all The Sanctuary courses online. For more info please visit www.sanctuary.ie

Weekend Church Collections –

There will be no baskets passed during Mass so place your offering into the collection buckets at the doors.
Feel free to donate online at <https://www.clonskeaghparish.ie/>
Thank you for your continued support to these collections.

Parish News & Announcements:

The Deep End

Have you ever felt like you have nothing left to give? We all have times when we feel as though we do not have 'enough' to offer, whether it's time, money, energy, or even love. When work is busy, we don't have enough time for family. When we are physically or emotionally exhausted at the end of a long day, we might not have the energy to play with our children or visit a friend. In the face of suffering in our own society and around the world, we often feel helpless – whatever small amount of time or money we can give will never be enough. But where we see 'not enough,' God sees potential. What we see as a small contribution is not small to God, if it is all we have to give and it is given with love. 'All we have with us is five loaves and two fish,' say the disciples to Jesus – a tiny offering when faced with a giant task. But Jesus takes what they have, blesses it, and uses it to give sustenance to thousands. In the face of human limitations, God can do plenty. We are told at the start of today's reading that Jesus 'took pity' on the large crowd that followed him. They have been out all day and are hungry, not to mention tired. They are so engrossed in listening to Jesus that time has slipped away. They are running on empty, and I'm sure they would be dismayed if, as the disciples suggest, they had to hike to the nearest village to buy food. Jesus understands their exhaustion and hunger, their limitations and their 'not enough.' What they have to give is inadequate, but he can do more with it than they could ever have imagined. We too are limited in what we have to offer. But whatever we can give – to our families and friends, to those in need – God sees and blesses and multiplies.

'Give something, however small, to one in need. For it is not small to one who has nothing. Neither is it small to God, if we have given what we could.' St Gregory of Nazianzus

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First Anniversary Mass & Permanent Memorial for the Very Rev Fr Tony Coote PP



Dear Parishioners,

It is hard to believe that by the end of this month a year will have passed since the passing of Fr Tony Coote, who departed this life on August 28th 2019 after his courageous and inspiring journey through his illness. We commend his soul to the love and mercy of God, whom he loved so dearly and served selflessly. As we approach his first anniversary, we remember especially Tony's mother, family, and friends in our prayers. We are mindful of Tony's many and varied roles in life, especially his role for ten years as a dear and beloved Administrator/Parish Priest of Mount Merrion, Kilmacud and Clonskeagh. As is right and fitting, we will be offering a number of Masses in Fr Tony's memory, commencing Friday 28th August and throughout the weekend, including Saturday 29th and Sunday 30th August. Hopefully the entire parish community will have an opportunity to participate and remember Fr Tony at one of these anniversary Masses. It is also appropriate at this time, to honour Fr Tony with a form of permanent memorial, commemorating; the three tenets of his faith - "inclusivity, compassion and love"; the inspiration he was to so many parishioners and friends; the love, respect, gratitude and appreciation that we have for him and his inspiring ministry in our parishes of Kilmacud, MountMerrion and Clonskeagh. In planning for such a memorial, we would like to invite you to send any ideas and suggestions you may have to frtonymemorial@gmail.com. Many thanks to those who have already provided some suggestions which include, in Mount Merrion, the planting a specimen tree and the refurbishment of the parish meeting room to be named in Fr Tony's memory and, in Kilmacud, the placing of a memorial plaque and a bench in the grounds of St Laurence's Church. We will work with a small memorial evaluation committee and liaise with Fr Tony's family, in discerning a most fitting memorial. There is an open subscription for everyone who would like to donate to assist with the permanent memorial, with any excess funds going to the charity supported by Fr Tony, the Irish Motor Neurone Disease Association (IMNDA), to support those currently suffering from the disease. Thank you for all the many ways you supported and cared for Fr Tony in his happy and relaxed days and when he struggled with serious illness and at the close of his life. He received so much, from so many, and it meant everything to him.

We welcome all your thoughts and look forward to hearing from you. With joyful blessings this Summertime!

Fr Joe Mullan Adm.